



2022

CHRISTMAS FOOD APPEAL

In the 3 weeks leading up to Christmas 2022 our foodbank would like to provide Christmas Food for local individuals and families nominated by our partner Referral Agencies. **Last year, with your support, we gave out 269 Christmas Hamper Food Parcels.**

Please help us bring joy to more homes this year. *Thank you!*

Items Used in Our Hampers

Tinned Ham or Chicken
Tinned Halal Meat
Tub of Gravy Granules
Christmas Pudding
Evaporated Milk

Christmas Cake
Selection Boxes

Christmas Biscuits
Shortbread

Children's Selection Pack
Bar / Box of Chocolate
Savoury Snacks & Nibbles

Fruit Squash
Hot Chocolate

Would you rather donate cash?

Details on how to donate cash rather than food can be found on our website (give-help/christmas-appeal-2022). You can also donate online via our **Christmas Hamper 2022** campaign at the Charities Aid Foundation online donation platform: <https://www.cafonline.org/my-personal-giving/start-giving/donate-now>

